

SOLSTICE



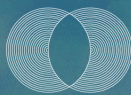
A rewilding adventure in the heart of the Dublin Mountains



SAT JUNE 22ND

A one-day immersion weaving human connection with nature, conversation, movement, music, crafting, food, meditation, ritual, ceremony and other creative workshops and experiences.

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THE TRAILBLAZERY

Dear Wild Things

We are delighted to welcome you to our inaugural uncivilized Summer School at Orlagh Estate, nestled in the heart of the Dublin Mountains.

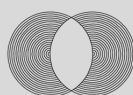
Solstice is a homecoming that weaves human connection with nature, conversation, movement, music, crafting, foraging, food, meditation, ritual and ceremony. We have invited some of Ireland's great wisdom keepers to guide us on a ReWilding experience so that we can return to our senses, reclaim our wild souls and reconnect with the wild world that nourishes us.

Beannachtaí

Kathy and all of our team at The Trailblazery who have made this offering with tender loving care

“I baptised myself out of culture in Connemara and started to remake my mind again with new sensations, the colour of red sphagnum and the sound of the stream, the calling of a fox, the smell of heather. I had been to the galleries, to the concert halls and I was glutted with culture. I had to come out and put my head in a stream in a bog in Connemara and let it all wash out and start again.” John Moriarty

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THE TRAILBLAZERY

Meet Your Guides



Mary Reynolds
Reformed
Landscape Designer,
Founder of We
are the Ark



Mari Kennedy
Celtic Wisdom
Keeper, Coach,
Facilitator



Carol McInerney
Movement
Therapist, Dance
Meditation Teacher



Michael Ryan
Yoga, Meditation
Teacher



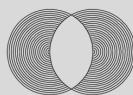
Chloe McHugh
Sound Therapy
Practitioner, Sonas
Sound Baths



Fiona Cribben
Mother, Artist,
Maker of Life
Wreaths

“For way too long, the politicians and the people in power have gotten away with not doing anything to fight the climate crisis, but we will make sure that they will not get away with it any longer. We are striking because we have done our homework and they have not..” Greta Thunberg

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THE TRAILBLAZERY

Meet Your Guides



Margie Jean Lewis
Musician, Creator
of Ethereal
Soundscapes



Siobhan de Paor
Writer, Activist,
Performance Poet



Susie Q
Meditation Teacher,
Musician, Social
Entrepreneur



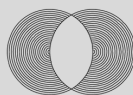
Victoria
McCormack
Artist, Creator of
&Ritual



Diarmuid Lyng
Rewilding Retreats
Foraging

“Another world is not only possible, she is on her way. On a quiet day, I can hear her breathing.” Arundhati Roy

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THE TRAILBLAZERY

Experiences

12:00 - 12:30

Registration

12:30 - 13:00

Opening Ceremony

13:00 - 14:00

Mindful Movement Yoga with Michael Ryan

14:00 - 15:00

We are the Ark with Mary Reynolds

15:00 - 17:00

Wild Programme

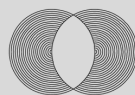
Wild Crafting: Tree Essence & Amulets
with Siobhan de Paor & Diarmuid Lyng

Finding Your Wild Thing
with Victoria McCormack & Fiona Cribben

Walking the Labyrinth

“Eist le fuaim an abhainn is gheobhaidh tu breac”
Listen to the sound of the river and you'll catch a salmon
Irish Seanfhocal

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THE TRAILBLAZERY

Experiences

17:00 - 18:00

The Celtic Wheel with Mari Kennedy

18:00 - 19:00

Movement Meditation with Carol McInerney

19:00 - 19:45

Sonas Sound Bath with Chloe McHugh

19:45 - 21:15

Feast & Elixir by The Fumbally & Pepperpot Cafe

21:15 - 21:30

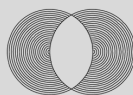
Fire Ceremony with Carol McInerney

21:30 - 22:00

Acoustic Meditation
with Margie Jean Lewis + Susie Q

“The tree I had in the garden as a child, my beech tree, I used to climb up there and spend hours. I took my homework up there, my books, I went up there if I was sad, and it just felt very good to be up there among the green leaves and the birds and the sky.” Jane Goodall

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THE TRAILBLAZERY

Menu

welcome elixir

Hendrick's Midsummer Solstice gin, orlagh estate elderflower
and rhubarb cordial with fresh mint

grazing table

seasonal fruit platters, dates, mixed nuts and seeds, glenisk
yoghurt, sourdough bread, herbal tea and sesame sticks,
Bombay mix & spiced roasted chick peas

sharing plates

Orlagh estate nettle zhoug, beetroot hummus
za'atar flatbreads, pickles

main plates

quinoa, brown basmati and wild rice grain bowl topped with
glazed sweet potato, zesty slaw, pickled daikon, pumpkin seed
dukkah, pomegranate, black and white sesame, fresh herbs

dessert

rich chocolate cake, lemon ricotta cake, carrot cake, vanilla &
raspberry cake

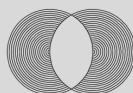
catered & supported by



“We can come home again -- and participate in our world in a richer, more
responsible and poignantly beautiful way than before”

Joanna Macy

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THE TRAILBLAZERY

We are The Trailblazery

Solstice is brought to you by The Trailblazery. We are the people behind Moon Medicine, Wonderlust, Census of the Heart, We Need to Talk about Ireland, Rites of Passage and the ireland : iceland project.

We are a cultural agency dedicated to creatively activating the spirit of our times so that we can take better care of ourselves, each other and this place we call home. We do this by designing and producing live events, learning experiences, mentorship programmes & cross-disciplinary research projects that tackle wicked problem solving.

We champion and celebrate people who challenge the status quo and blaze trails in their own spectacular or intimate way. Our mission is to nudge humanity forward one story at a time.

Heartfelt thanks to all who have brought this offering with so much love. To our Guides; Mari Kennedy, Michael Ryan, Chloe McHugh, Carol McInerney, Diarmuid Lyng, Siobhan de Paor, Susie Q, Margie Jean Lewis, Fiona Cribben, Mary Reynolds, Victoria McCormack.

To our Crew; Fran Hogan, Suzanne Doyle, Ruth McKenna, Lydia Campbell, Cat Egan, Lou Healy, Morna O'Hanlon, David O'Donovan, Peter Hogan, Joanne King, Aisling Rogerson, Laura Caulwell, Marion Kilcoyne, Oliver McCabe of Hubble Health & the beautiful Orlagh Estate.

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THE TRAILBLAZERY

The Song of Amergin

Am gaeth i m-muir,
Am tond trethan,
Am fuaim mara,
Am dam secht ndirend,
Am sig i n-aill,
Am dr grne,
Am cain lubai,
Am torc ar gail,
Am he i l-lind,
Am loch i m-maig,
Am brí a ndai,
Am bri danae,
Am bri i fodb fras feochtu,
Am d delbas do chind codnu,
Coiche nod gleith clochur slbe?
Cia on co tagair aesa scai?
Cia du i l-laig fuiniud grne?
Cia beir buar o thig tethrach?
Cia buar tethrach tibi?
Cia dm, cia d delbas faebru a
ndind ailsiu?
Cinte im gai, cainte gaithe.

I am Wind on Sea,
I am Ocean-wave,
I am Roar of Sea,
I am Stag of Seven Tines,
I am a Hawk on a Cliff,
I am shining tear of the Sun,
I am Fairest among Herbs,
I am Boar for Boldness,
I am Salmon in Pool,
I am a Lake on a Plain,
I am a Hill of Poetry,
I am a Word of Skill,
I am the Point of a Weapon (that
pours forth combat),
I am God who fashions Fire for a
Head.
Who knows the secrets of the
Unhewn Dolmen?
Who (but I) announces the Ages of
the Moon?
Who (but I) know the place where
falleth the Sunset?
Who calls the Cattle from the House
of Tethra?
On whom do the cattle of Tethra
smile?
Who is the troop, the god who
fashions edges in a fortress of
gangrene?
(I am) a Song on a Spear,
an Enchantments of Wind.



Thank You to Our Partners



Thanks to the Friends of The Trailblazery for supporting our Goodie Bags



Thanks to the Friends of The Trailblazery for supporting our Grazing Table



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